



Matthew C. Sanderson, MD
Kaiser Permanente Ophthalmic Surgeon, Corneal Specialist

Colorado Laser Surgeons
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PATIENT CHECKLIST PRIOR TO SURGERY

- Have you had your **dilated** preoperative exam? This is mandatory prior to surgery. If you haven't had this done, please call Colorado Laser Surgeons at 303-393-8565 to schedule the dilation appointment with Dr. Sanderson.
- Have you discontinued your soft lenses or hard/rigid lenses as directed by your eye doctor? At least 14 days for soft contacts (unless lenses are not worn daily) and 2 months for rigid lenses.
- Have you scheduled an appointment for your check-up for the next (one) day after surgery? Attending this appointment is mandatory.
- Have you discontinued your oral Anti-Histamine at least one day prior to surgery?
- Have you made sure to not consume any alcohol within one day of the surgery?
- Have you read and initialed (the areas you understand) the informed consent? If you have any questions, we would like those to be addressed prior to your surgery day. Please feel free to call Dr. Sanderson.
- Have you completed your patient registration form and your medical history form?
- Have you arranged for a ride to and from Colorado Laser Surgeons on surgery day?
- Have you discussed and decided on whether to aim for monovision with Dr. Sanderson?
- Have you made arrangements to not be involved in extensive reading or computer work the day of and the day after the surgery?
- Have you pre-purchased moisture drops prior to surgery? You will need to purchase non-preserved artificial tears, such as Refresh Plus, for after the surgery. See "Helpful Hints" sheet in your folder.
- Have you cleaned your eyes and/or removed all make-up the night before the surgery?